

HIBISCUS HYBRIDA.L. HEALING PROPERTIES OF THE PLANT

Raximova M.A

J.D.P.U. Teacher

Isakov.T.J

J.D.P.U. Student of the history direction

Annotatsiya: *This article's content that iboratki, the nature of the plant is common in the environment gibiskus in medicine and medicine implementation in a more perfect location, the medicinal properties of identify and develop methods to learn to use in the way of human health is dedicated to.*

Key words: *Gibiskus hibrida of tea, antioxidant, powerful laksotif, "iron warehouse", antikalsifikat, antipiretik*

Annotasiya: *Tselyu yavlyaetsya izuchenie rasteniy v dannoy stat gibiskusa role prirode, v srede I medisina okrujayutshey medisina, svoystva I razrabotka metodov zdorove cheloveka ix opredelenie lechebnix ispolzovaniya.*

Klyuchevie slovo: *Gibiskus hybrid chay further, antioxidant, silnoe slabitelnoe, "jelezniy ambar", protivokaltsinoznoe, jaroaponijayutshee.*

Annotation: *The purpose of this article is to study the nature of rolan hibiscus plant materials, medicine and the environment in medicine, their medicinal properties and their use for the developer to determine the human health in the metho.*

Keywords: *Hybrid Hibiscus tea, antiox, a strong laxative, "iron bar", anticalcific, antipyretic*

The world wide planting and fitodizayinyaratish to work great importance is given and this area of interest is constantly the street brogan. The same reason also the present day up decorative promising plant species, climate and soil conditions for suitable that species, varieties and forms of the choice of the planting to apply on many scientific and practical work done is being. For this reason, while the plant world is the first place in the environmental and human health on a large effect shows. Present at the time gibiskusning 200 to close shakil and varieties there are. Gibiskusning the eighteenth century, the botanical gardens of the state in europe, I could start to grow in. Gibiskus (Hibiscus) – this gulxayridoshlar toe plant belonging to the family'become, asia, mainly south of the tropic region in the eastern part o'modi. Gibiskus, which is 3 m in height shrub or a small tree. Uz it covers more than 300 types into it.

The academy of sciences of the plant and animal world genafondi hydrometeorological research institute f. n. Rusanov named Botanical garden at the Gibiskus ornamental plants as 1940 from the year starting could grow started.

Research object: the malvaceae family, the Hibiscus hybridis a type of is.

Hibiscus hybrida (gibiskus Hybrids) or (cotton, floral) o'the century afterg 40-50 years well-known seleksioner was developed by f. n. rusanov. A perennial ornamental plant. Wet hot and demanding. Gibiskus large flowers, long blooming. Very beautiful flowers-simple, are large with a diameter of 15-20 cm. *Hibiscus hybrida* of a Flower with different color and size will vary. Flowers white, white, yellow, rose-colored, red, pink, nastarin (sirey) multi colored, purple colored varieties. *Hibiscus hybrida* decorative ministry, the rapid growth of the different climate resilience, with characteristic. *Hibiscus hybrida* –gullovchi a long time is one of the plants perennial in warm regions, in early June blooming tushgunicha dekadasi cold. *Hibiscus hybrida* soil less demanding. But good drenajlangan grow best in soil. *Hibiscus hybrida* is resistant to gas and smoke, the city ko'kalamzorlashtirishda conditions may apply. *Hibiscus hybrida* hayotchanligi seeds and the seeds themselves will keep for 3-4 years out sprouts sprouts 20-24°C. a temperature of need. Ek seed sprouts births from 9-12 days out from adi. *Hibiscus hybrida* soyaga resistant, but less reduced and the blooming development of light. Relatively resistant to qurgoqchilikka, open, develops and grows well in sunny areas. In the winter the branches as part gibiskusning land dries. Strong roots overwinter in the soil-the new branches begin to grow in the next year.

Hibiskus hibrida (gibiskus Hybrids of all types of large leaves (most more than 5 cm), light green in color, lansetsimon, tuxumsimon oval, triangular-shaped, the edge tirnoqli, gear or label, lo have visions. Flowers large diameter is 13 cm blue, white, red, orange, white-red color combinations of calamities and other gibiskus there are having. Among them, the most useful of - is a dark red color. For a little taste test and drying treatment which you can buy gibiskusning koprish should be dark red. You in the language that the sour taste left, it sold to get recommended are not. Because it unsuitable for the term have reached or are likely in the soil, the tumor can be can.

Dark red flowers most of the lower leaves, especially lung cancer and diabetes disease for used should be that the most important part. Lung cancer in those who were suffering from gibiskus through treatment ignored remain and per year for at least three to four times to apply the advice given. Such patients for per day at least two cups gibiskus of tea to drink with great benefits it will bring. However, it per day is three cups from exceed should.

Hibiskus hibrida (Hybrids gibiskus) it's external appearance with also ajoibflush ta'ssurot the left was ira, landscape design foydalannishda also good results you get can. In the tropics of the street, the decor, the gardens, the exotic for are grown. At home, finishing for be used. gibiskus June of the month from the beginning boshlash September of the month to the end of flowering aesthetic pleasure dedicated to , or garden, decorate and to'ra was.

Hibiskus hibrida (Hybrids gibiskus) of tea, how it is prepared?

A tea spoon dried gibiskus of leaves in a cup of boiled water shall be and mouth close to 10 minutes for damlab is. From strain i.e. hard of being tired after you consume

make can. Hibiskus hibrida (Hybrids gibiskus) his tea in shakari balance the effects of the increase to cinnamon po'st'indan and lemon, imbir add you can. Immunity strengthen , and diseases, protect to for it in the winter ginger, dalachoy and other similar herbs with mix and prepare , you can. It 's cold in the case also consumed are. Do this to two soup spoon gibiskusni a liter of boiled water 10 minutes for damlab then cool, good cold herbal tea to prepare can.

Hibiskus hibrida (Hybrids gibiskus) the advantages of

- flu and cough in a breath to take improved;
- kalsifikatsiyani prevent the will;
- blood of shakari management is very effective, 2-categories in diabetes high blood pressure lowering for is used;
- C vitamin rich is for immune system strengthening by body disease, the resistance increases;
- antioxidant to wealth because of cell displacement besides, the skin aging and wrinkles induced by which free radicals to be against is the fight;
- stomach cancer protect will;
- swelling and swelling, to prevent the will;
- food digestion to system management, bowel movement enhances, the same feature with constipation hard for the solution gives. The system by relaxing, infringement of the swelling and gas complaints from rid to help will, in the intestine worm and parasite cleanses;
- the kidneys, inflammation, heart and liver diseases prevention to obtain used;
- the appetite by reducing, the metabolism accelerates, xolesterolni by a decrease, in muvozanatlash help will and excess weight to lose, help will;
- hormone muvozanatlashtiradi, menstruation during the occurrence of the cause can which pain, kramplar and mood change , such as problems to reduce your help will;
- to my mind , enhances, depression, anxiety and other similar diseases, reduce help will.

“Iron warehouse”

Gibiskus iron “warehouse” i is. It is in the soil, iron and magnesium win , and the will save. A few years later, you grow in soil, iron and magnesium does not remain in. In the soil, iron reduction , or to the end close is time grown this plant for medical purposes for use of the small profit it produces. In the structure of the heavy metals in the soil that grow gibiskus work and the meeting be taken should.

Hibiskus hibrida (Hybrids gibiskus) rich magnezium and apple acid due to strong laksatif is. In the intestine formed in the gas rid of theshda effective results it gives and it with along with swelling from suffering to those who suffer the help it gives. You magnezium and iron in the ratio of reduced gibiskusni therapeutic tool as is used when, therefore, the above stated the features of enough using will not be. In the structure of iron is the amount of a low is in soil are grown gibiskus meeting be taken and treatment

as to use recommended are not. Because of its therapeutic power have weakened or lost be can.

Hibiscus hibrida (Hybrids gibiskus) of the plant negative effects.

Hibiscus hibrida (Hybrids gibiskus) the blood and in the composition of sugarabout the powerful effects to showthe nli reason foryou your diabetes with the treatment atanayotgan if you are, gibiskus from the plant prepared tea or kampoatlardan regular basis istimol from before, your doctor will contact you should.

Hibiscus hibrida (Hybrids gibiskus) the body's estrogen level affected be that can determine who some researchers, this plant homilthe realization of efficacy during istimol to reduce that they had noted.

1. Hibiscus hibrida (Hybrids gibiskus) ko'krab milk with feeding effects clearly known to beon the reasonyou you your child breast milk with being fed isngiz, gibiskus tea from less istimol to stand useful it will be.

Conclusion in the place that is known I, Hibiscus hibrida (Hybrids gibiskus) of the plant from harsh continental climate with flexible that had to be the reason, Uzbekistan ecological position, to improve, major city beautification, in gardening, population convenient gegienik plumbing and clean ecological environment when creating widely used for the purpose according to be would.

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