

PREPARATION OF PHYTOPREPARATION FROM BITTER TARON PLANT

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Anotatsiya: *Taron (Polygonum coriarium Grig.) — taronaceae oilasiga mansub ko'p yillik o't o'simlik. Ildizi qalin, kuchli, poyasi shoxlangan. Gul oq, katta gulzorda joylashgan. Oziq moddalarni olish uchun eng yaxshi o'simlik. Ildizda tog'-kon sanoatida ishlatiladigan taninlar mavjud. Dengiz sathidan 1400-2800 m balandlikda Tyan-Shan tog'larida (Jungoriya Olatovi, Tyan-Shan, Pomir-Olay) o'sadi.*

Kalit so'z: *Taron (Polygonum coriarium Grig.) ko'p yillik o't o'simlik, ildiz, Barg, polifenollar, efir moy, bakteritsid xususiyat, gingerol, kalorizator.*

Annotation: *Taron (Polygonum coriarium Grig.) is a perennial herbaceous plant belonging to the Taronaceae family. The root is thick, strong, the stem is branched. The flower is white, located in a large inflorescence. The best plant for getting nutrients. The root contains tannins that are used in the mining industry. It grows at an altitude of 1400-2800 m above sea level in the Tien Shan mountains (Dzhungoria Olatovi, Tien Shan, Pamir-Olay).*

Key word: *Taron (Polygonum coriarium Grig.) rhizome, root, leaf, polyphenols, essential oil, bactericidal properties, gingerol, calorificant.*

Аннотация: *Тарон (Polygonum coriarium Grig.) — многолетнее травянистое растение, относящееся к семейству Тароновые. Корень толстый, крепкий, стебель ветвистый. Цветок белый, расположен в большом соцветии. Лучшее растение для получения питательных веществ. Корень содержит дубильные вещества, которые используются в горнодобывающей промышленности. Произрастает на высоте 1400-2800 м над уровнем моря в горах Тянь-Шаня (Джунгория Олатова, Тянь-Шань, Памиро-Олай).*

Ключевые слова: *Тарон (Polygonum coriarium Grig.) многолетнее травянистое растение, корень, лист, полифенолы, эфирное масло, бактерицидные свойства, гингерол, калорифер.*

The main reasons why herbal medicine includes medicinal plants as a separate discipline are: has a multi-thousand-year history and rich experience based on traditional medicine, the harmfulness of most medicinal plants for the body, the abundance of medicinal plants growing on the territory of our republic, it can be prepared from a medicinal plant at home and it is cheap. At the same time, in subsequent years, the increased interest and confidence of specialists and our people in medicinal plants, the need for phytotherapy as a science in the training of specialists became a requirement of the time.

It is known that cases of bleeding occur in life for various reasons. Bleeding as a result of damage to blood vessels, especially with injuries, is life-threatening. Also, internal organs can bleed in various diseases of the body. For example, tuberculosis, peptic ulcer of the stomach and duodenum, diseases of the small and large intestines, lung diseases (tuberculous, tumor, etc.), nosebleeds, prolonged menstruation. With the loss of a large amount of blood in a short period of time as a result of an injury, the patient often falls into a state of shock (paralysis), and therefore appropriate measures are immediately taken (infusion of blood and blood-substituting fluids). Anemia occurs with chronic bleeding from the internal organs, little by little, but often and over a long period of time. Due to the decrease in the number of red blood cells, their hemoglobin also decreases. As a result, cells, tissues, organs and systems cannot be fully supplied with oxygen.

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Contains flavonoids, glycosides, organic acids, vitamins K, C, E and other substances. In folk medicine, a decoction prepared from the surface of bitter taron is used as a medicine to stop bleeding (from the uterus, colon) and to relieve pain from malaria, diarrhea, tuberculosis and other diseases, as well as in the treatment of various wounds. In medicine, drugs prepared from the upper part of the bitter taron: tincture, liquid extract, are used as a medicine to stop bleeding during menstruation and to treat hemorrhoids. The liquid extract of the plant is part of the Anuzol suppositories, which are used in the treatment of hemorrhoids. Grown as a

landscape tree in streets, parks and parks. Phytopreparations of the plant have a hemostatic effect. Therefore, in obstetric and gynecological practice, it is recommended for postpartum uterine bleeding, heavy and prolonged bleeding during menstruation,

bleeding from hemorrhoids.(*Polygonum coriarium* Grig.) tincture is prepared in a ratio of 1:10 and taken 2 tablespoons 3-4 times a day. Drink 30-40 drops of liquid extract 3-4 times.

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