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#### SCIENTIFIC - PEDAGOGICAL ACTIVITY OF PHYSICAL EDUCATION TEACHERS

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**Abstract:** In this article, the main terms encountered in the scientific pedagogical activity of the future physical education teacher, the correct organization of pedagogical activity, the special attention of future physical education teachers during their scientific pedagogical activity important aspects and how to approach it.

**Key words:** physical education, pedagogical activity, pedagogical skill, innovative activity of the future physical education teacher, creativity, technological approach

Introduction: Decision No. PQ-3031 of the President of the Republic of Uzbekistan Shavkat Mirziyoyev dated June 3, 2017 "On measures to develop physical education and mass sports" and "State regulation in the field of physical education and sports" dated March 5, 2018 Decree No. PF-5368 "On measures to fundamentally improve the management system" is of particular importance in the further development of this field. One of the main goals of these decrees and decisions is to further deepen theoretical and practical knowledge in this field, to correctly formulate the concepts and terms of skills and qualifications related to physical education. In fact, at a time when the processes of globalization are becoming more and more intense, the attention paid to physical education teachers, who are directly involved in the general and special physical training of young people, is gaining importance in this regard. After all, one of their important services is to direct students to educational, cultural, medical, industrial construction, and production professions, and secondly, they serve to a certain extent to arm them with special physical training. Today, the teachers teaching the young generation must fully master modern innovative technologies, have the skills to use information and communication tools wisely, and be familiar with all the secrets of education. will be done. When studying the issues related to the scientific pedagogical activity of future physical education teachers, it is appropriate to analyze the content and essence of the concepts related to this phenomenon.

Literature analysis and methodology

Whether he is a mathematician, physicist, historian, or physical education teacher in different areas, his work style is directly related to pedagogical activity. The meaningful and high-quality conduct of the lesson, in turn, is closely related to his pedagogical skill, pedagogical skills, pedagogical competence, and pedagogical activity in general. The famous Russian pedagogue V.A. Sukhomlinsky: "One of the secrets of pedagogical leadership is to arouse interest in teachers' regular research and analysis of

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their work. "Whoever tries to distinguish between good and bad in his lessons, in his interactions with students, and to share his achievements and shortcomings in time, will have achieved half the success of pedagogical activity," he said. expressed. From this point of view, a young future physical education teacher who has just started his pedagogical career cannot relax physically and mentally or completely relax. As we know, this feeling is called "relaxation" in the science of psychology, and it is recognized as an assessment of negative situations in people's work. In order for each future physical education teacher to fully acquire pedagogical skills: first, he must have mastered his subject based on the requirements of the time; secondly, to have psychological and pedagogical knowledge (to be able to use methods suitable for the character of students); thirdly, it is important that it contains pedagogical curiosity and self-sacrifice. Russian scientist I.P. Rachenko expresses the following opinion about pedagogical skill as a part of pedagogical art: "Pedagogical skill is a teacher's perfect mastery of pedagogical-psychological knowledge, professional qualifications and skills, interest in his profession, developed pedagogical thinking and intuition, it is understood as an ethical-aesthetic attitude to life, confidence in one's own reasoning and strong will". Also, in the pedagogical activity of the future physical education teacher, it is most important for the future physical education teacher to be devoted to the teaching profession, to have a perfect knowledge of the teaching methodology of his subject, to be able to demonstrate his pedagogical skills, and to be able to apply pedagogical techniques in his place. is one of the important components..

RESULTS: It should be noted that every future physical education teacher is always engaged in his education and upbringing in parallel with the delivery of physical exercises to students, and interacts with him. Since each student is constantly developing mentally, spiritually and physically, the future teacher should be in constant communication with them, taking into account each of their psychological character and physiological characteristics, the mechanisms of influence., first of all, it is necessary to study the theory of psychology and education in a perfect way, and constantly develop his professional activity. Also, future physical education teachers must have a perfect knowledge of the terms of physical culture used in their pedagogical activities. Future physical education teachers should be able to speak deeply, impressively, logically, beautifully, and use phrases of educational importance in the process of working with students in their pedagogical activities. must be able to use it. It should not be forgotten that the speech of the teacher is a source of example for every student, even if he carelessly provokes his anger and violates discipline, not by rude treatment, insults, humiliation, touch on his personality, but should have the ability to get out of the situation with a positive approach. While the teacher conducts the lesson, his voice should be a tool to control the audience. When explaining exercises related to physical education, he should be able to raise and lower his voice at the right place to indicate what the students should emphasize.

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Discussion: It is possible to consider the following specific approaches that play an important role in the scientific and pedagogical activities of future physical education teachers:

- 1. creative approach.
- 2. innovative approach.
- 3. technological approach.

every future physical education teacher should be able to find ways to interest his students in the lesson based on a creative approach during the lesson. of course, at this point, it is appropriate to comment on the concept of creativity, creativity is the readiness of the future teacher to create new ideas and positively solve existing problems aimed at ensuring the effectiveness of the training of students in the process of training, in contrast to the traditional approach and thinking, the ability to find a solution to the existing problems and eliminate them in order to achieve the goal is formed, it helps to solve the problems that have arisen rationally and quickly.

Conclusion: Based on the above analysis, it is possible to draw the following conclusion: firstly, the wide-ranging reforms that are being carried out require not only the issue of personnel training in various fields, but also the need to fundamentally improve the scientific and pedagogical activities of personnel in the field of physical education in educational institutions; secondly, the analysis of issues related to the scientific pedagogical activity of future physical education teachers shows that, despite the existence of views and sources on the subject, it shows the need to research this issue from a purely pedagogical point of view; thirdly, it is appropriate for the future physical education teacher to create the necessary conditions for the thorough assimilation of knowledge, taking into account the interests, abilities and requirements of students, using the modern achievements of the science and pedagogical technologies in the course of their scientific and pedagogical activities; fourthly, the era itself shows the need for future physical education teachers to be able to effectively use creative, innovative, and technological approaches that play an important role in their scientific and pedagogical activities; fifthly, every teacher should aim to develop pure-minded, brave, wellbehaved, persistent, spiritually and physically mature individuals in the course of classes. This, in turn, will be the basis for the formation of mature personnel who will serve the development of our country in the future.

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