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Калт сўзлар: *миллий меърос, диний марасимлар, қадимги Хоразм, Зардушт, Ахура-Мазда, ҳаққонийлик, адолатлик.*

Ключевые слова: *национальное наследие, религиозные традиции, древний Хорезм, Зардушт, Ахура-Мазда, справедливость.*

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Our spiritual national heritage has been restored, and the future is bright, free, independent, and in the present era, when the power of our country has exceeded the power of our people, the unique and unique heritage of the distant past is being respected and increased. Among them, "Avesto", which was handed down from our ancient ancestors for three centuries, has a place of its own. The most accurate collection of the history, philosophy, religious studies, ethnography, geography, astronomy, medicine and all branches of social and political life along with the life, living conditions, customs, traditions, religious ceremonies of the peoples of Central Asia, Iran, India, Azerbaijan. The Motherland of "Avesto", where the information is collected, is Khorezm.

"Avesto", which is considered the most important written record of the peoples of Central Asia and Iran, was created about 2700 years ago. The philosophical collection of the information and its most accurate book form is closely related to the actions of a man named Zardusht ibn Safid Tumon (also known as Vortush, Magus, Magupta, Zarausht, Zoroaster), who is known as the prophet of Mazdaism. Many scholars believe that the name Zarathustra had several meanings.

According to "Avesto", the quality of loving-kindness in a person is closely related to keeping things clean and acting justly. That is why young people are strictly required not to tell lies, to love the truth, and giving advice to young people has a special place. This good quality of not lying to people will make me happier. If there is a leader, he will not deceive the people, and the state will survive.

Who does not deceive humanity,
Happiness is reached,
Who does not deceive humanity,
The country is leading to victory.

He described the ability to share the true feelings of people in mutual relations, manage the society with justice, and stabilize the social situation by making people and their lives happy. He warned those who cheated and hurt people in life, that eternal suffering awaits them in this world, and it was explained that being honest and loving the truth is the best virtue given to a person, and that young people can achieve happiness only thanks to being educated to possess these qualities. In the introductory part of the Yasna, there are lines: Justice, the best health, and happiness, whoever wants justice, happiness will come to him. It was a tradition for everyone to repeat this ritual purpose three times and to discuss its content over and over again.

There is a great importance of relying on justice and acting truthfully in human relations and social relations, therefore, this phenomenon is required to be firmly ingrained in every individual and the nation, especially in the education of young people, in their understanding and worldview: Yes, honesty, when I will see that you have a place in me and my people, he forgot about the place of justice in social relations. In the Yasna, the necessity of educating the youth to the truth, assuring them that the righteous deeds will win in the future, and looking forward to the better days in the future, are described in connection with the demands that justice should prevail and there should be no coercion.

As a continuation of these opinions in the book: truth is the worst quality without strengthening truth. There are interpretations that a person with justice and true love will be rewarded.

Telling a lie and telling a lie lowers a person's reputation, and Zarathustra's teaching hates such low-spirited, deceptive actions. That's why: Mitra warned to charge young people for telling a lie that he will punish those who violate his promise.

The reality of life is that hypocrisy is a bad habit in evaluating young people's affairs, so young people are often forced to stick to their opinions and come to a decision that is useful for the people. A person who is double-minded between good and bad will be punished for both good and bad on the Day of Judgement.

Also, in "Avesto" another successful way of social opinions is to listen to young people, to be careful for friends, to trust each other. In particular, mature qualities characteristic of personality are separate from bad manners, and young people do not listen to what they are told and go off on their own, tend to be disorderly, lying, and these qualities are replaced by obedience, politeness, prudence, faithfulness, truthfulness, and moral achievements, etc. It is mentioned that it should be brought up in the spirit.

This: Let this horde win,
Over the ears,
Prayer, over the wind,
Over kindness,
Over belief-disbelief,

A true word is more than a false word

Truth and falsehood can be seen from such lines.

Also, in the Vendidad section of the book, it is recommended to young people to discipline people, not to deceive them, not to take their money, not to steal, and to pay the debt on time. If Kim does not return the loan. He is counted as a thief who steals things from the house of the person who gave the loan, day or night. In "Avesta", people's children and relatives are safe from birth, keeping the ethical goals demanded by Ahura-Maz, raising their children to do good deeds, and ensuring that the family lives in poverty and in a prosperous marriage. It is noted that the implementation of the plan should not affect the happiness of the members of the family. Especially the abundance of food and drink. He especially mentioned the dream of having a good marriage and having many children, good health, and a long life.

In "Avesto" it is mentioned that educating young people to humane behavior should be done not only in human relations, but also in their relations with domestic animals. None of the codes of ethics of modern nations require treating animals with kindness as in "Avesta". The established order approved the killing of animals that harmed people and the killing of beneficial ones. The crime of beating and torturing domestic animals has been registered. It is important to protect young people from domestic animals, because dogs are guardians and friends given to you by Ahura-Mazda. He doesn't ask you for clothes, he helps you in hunting, protects things, cheers you up in his free time, is fun. Whoever makes him sad, does not take good care of him, that person will fall into sadness. After death, that person's soul wanders in solitude forever, and even a dog does not come out to wait for it. From these and other examples, in "Avesta" there are young people and others. We see that opinions are also expressed about how to be friends with animals, teach them to use the good deeds of animals for the needs of the family, and teach them to have a deep understanding of the nature of animals.

To put it simply, at the present time, the students of science are studying Avesta's meaning in every way. If we count the spiritual abilities of our country and people related to oriental hospitality, it exceeds a thousand. Our scientists are searching for a lot of valuable information about them. It is our personal duty of each and every person to make it understandable and acceptable to our people, to pass on the precious spiritual wealth left by our past people to future generations.

Аннотация

Бу мақолада Ўрта Осиё халқларининг энг қадимги ёзма манбаси ҳисобланган «Авесто»да маънавий-маърифий ва тарбиявий аҳамияти ҳақида сўз этилади.

Аннотация

В этой статье говорится о духовно-просветительной и воспитательной значении древнейшего письменного источника народов Средней Азии «Авесто».

Resume

In this article is described the spiritual and socio-cultural importance of «Avesto», the written source of Central Asia people.

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