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The perfection of a person should become the rule from youth, respect for the elders, care for the younger, kindness to each other.

As our President I. Karimov, a good man, said: "In order to prevent a gap in the spiritual life of young people, it is necessary to fill it with a new meaning of life, new values compatible with their interest in science, profession, healthy lifestyle and creativity." It is very important to study the life and work of the great representatives of our people, who will be an example for young people, and to educate the younger generation in the spirit of imitating them."

Studying the invaluable heritage of our Prophet Muhammad (peace be upon him), hadith scholars, Imam Al-Bukhari, At-Tirmizi, leaders of the tarikat path, Abdul Khalik Gijduvani, Bahauddin Naqshband, representatives of world science and spirituality, such geniuses as Navai, Ulugbek, Beruni, Ibn Sina, scholars and scholars who walked, we must pass through the road.

In the heart of mankind, he awakened the desire for perfection. Dagaly

Which path did they take?

This is the path of sincerity and love, goodness and beauty, excellent morality and spirituality.

this is the path to maturity.

Alisher Navoi, the great poet, beautifully expressed this path of perfection in rubaiyat.

will:

Improve your profession, the world is your home

Be sure to mourn before death

Jahandin incomplete utmak-baainiks

Erur hammudin impure jikmak

That is: "Achieve perfection, become a perfect person, because you are not ordered to leave this world with sadness and regret, to pass through the world incomplete, to pass without maturity - it's the same as entering a bathhouse and returning unclean." Hazrat Navoi called the world a field of perfection, an opportunity for purification. With the development of science and technology, news and convenience appear every day. But reaching the level of perfection is a problem. What is perfect humanity? This is the ability of a servant to truly serve his creator, to realize the true essence of his life after he has been honored with a precious stone of faith. It also frees him from the

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clutches of sensual dreams and adorns his inner and outer appearance with perfect qualities. Where material and spiritual purity are combined, perfection is born.

Our Prophet (peace and blessings be upon him) said: "There is a piece of meat in the body, if it is good, then all parts are good, if it is damaged, then all parts are damaged." Be careful, this piece of meat is the soul!" - They said. So, the purity of a person is proportional to the purity of his heart, that is, the purer his heart, the purer he is, and, conversely, the more impure his heart becomes, the more he becomes dehumanized . Purity of heart is achieved not only by eating and drinking, but by firmness of faith.

Tirmidhi narrates: "Allah is pure, loves cleanliness and loves neatness, and strength is generous. He loves generosity and is merciful, kindness is dear to him ... "

Only when the soul is cleansed will the ugly feelings surrounding it dry up. The purity of the heart is proportional to the light of faith, that is, the brighter the light of faith, the purer and brighter the heart. The power of faith is pure purity. Blue, its purity is from the power of faith, that is, the soul is enlightened and cleansed, taking strength from faith. The heart of those who have strong faith is also healthy. When the heart is healthy, the limbs are also healthy. The person who obeys God's commandments and keeps his heart and body clean is perfect. The more impartial the heart, the more the person is his admirer.

Purity is clarity of mind and perception. Spiritual purity is the virtue of morality. It has a high transparency of the soul, intuition and feelings. A pure mind saves from human errors and shortcomings. Strengthens the soul and brings joy.

His Holiness Hasan Basri said: "A believer in this world improves the world to come, a fool tries to improve this world and destroys the world to come..." - God will not correct the deeds of people who do not correct themselves. What is a fix? To fix-cleanse to avoid desecration. Our people say, "God bless you." Tawfiq means doing all our actions according to Mr. Haq's pleasure.

Therefore, pure feeling forms the spirituality of a person.

The first duty of a person is to be spiritually clean, that is, to be clean both externally and internally. Abdukholik Gijduvani expresses the essence of purity in his verse as follows.

Clean hair always starts If his character is pure, then his people are perfect Behtar zi rhizogy , what's true, slave? God bless you, God bless you. Translation: If you're clean anyway This is a high level of maturity people. There is nothing better for a slave than the consent of the law, God is pleased with a man of pure character.

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In these few verses, Gijduvani describes reason, religious tradition with honor and wisdom, perseverance on the path of siddka, harmony in society, family, among people, a happy and, finally, clean life, a sacrifice for the Motherland, which God Almighty gave to humanity calls to be worthy of Goya.

Lectures, questions and answers always tire students. During communication hours, it is desirable to use the style of the group leader. The question has been raised. Students are divided into groups. Each group is given a piece of paper.

For example, the response of a group of students who wrote to a question on the topic "Purify your heart" is as follows.

- Stay away from debauchery
- Stay away from gossip
- See the good side of a person
- Looking at each other with love
- Ear cleaning
- Just hearing good things
- Cleanse your heart
- Don't look at the unclean
- see good things
- Don't go to Ugry
- Trust others who trust you
- Cleanse our feet
- Don't go down the path of fraud
- Be the right word
- Mouth cleaning
- Say sweet words
- Halal is a snack
- Cleansing our slaves
- Just do good things
- Don't hurt anyone with slaves

In this way, students can think freely, complement each other, and improve their relationships.

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