

THE MAIN PSYCHOLOGICAL PROBLEMS OF HUMAN VOCATIONAL  
ACTIVITY

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**Annotation:** *In this article, the main psychological problems of professional activities were theoretically analyzed. At the same time, the results of professional education, stages of professional formation, career selection, diversity, care of professional diversity, and theoretical issues related to a number of research related to the care and identification of professional identity, have been described in a series of research.*

**Keywords:** *person, vocational activity, professional aspirations, vocational education, professional adaptation, professional self-identification, professional selection.*

The issue of the person's professional development is the direction of the important role in his life. The correct selection and definition of this direction of this activity will lead to a wide range of personal problems. Accordingly, it is much important to pay attention to the following considerations. "The choice of professionalities is to choose a worthy of their personal features and qualities based on professional requirements. The selection of the profession is somewhat complex compared to professional orientation. Because the person is required to determine the presence of preparation for the possession of professionalism - preparation for a certain profession (knowledge, experience, scope of knowledge, and wide range of learning). The study of vocational formation and professional development of professional development There are every reason to assess the issues as a necessary and comprehensive psychological - pedagogical problem. This problem puts even higher demands to a person under the conditions of socio-economic change.

The growth of information on vocational information at the XXI century is characterized by the quality of human needs, the emergence of new industries, changes in the direction of professionalism, and changing the course of the individual and the change of the person.

It is known that everyone wants to live in good conditions and in well-supplied conditions. That is why humans strive to engage in work activities that serve prosperous life and try to acquire professional sectors and specialties that allow us to operate material wealth. In some cases, the person will not be able to choose a specific profession and occupy it. The choice of profession that does not compare to the interests and psychological capacity of man, of course, has a negative impact on perfection as a person. In this regard, the attitude of the person with his profession and his

professionalism with his profession is a very important issue. We analyze the views of psychologists on this issue as well as research they have held.

It is known that the professional formation of the person consists of four main stages, which can include: a) the formation of professional aspirations; b) vocational education; c) professional adaptation; g) partial and complete self-devotion in the person in professional activities. The process of professional self-determination in accordance with these stages. The process of professional self-determination is sufficiently deeply covered in psychological literature, especially psychologists, the formation of professional aspirations of psychologists and paid special attention to the stages of selection selection.

Socio-economic reforms in the country require the population to be high culture, a skilled master of their profession. In this regard, psychological and pedagogical aspects of two different aspects of professional activity are different. Psychological aspects of professional development are affecting the profession, to manage the duties, to explain the tasks and concepts in accordance with the requirements of the professional culture and ethics, to explain their actions in the future, and to manage, man It is manifested in discipers with respect.

Pedagogical aspects of professional activities are determined by the existing ethical - political characteristics in the behavior of employees, reflected in the minds of how moral principles and norms are formed in the mind of the person. Information on the surrounding people in the surrounding formation, personal experience, specific types of types, the facts covered in the media are of great importance.

One of the important tasks of vocational education is professional training, with preparations, are carried out in two ways: through education in special study (additional education or independent education) and special vocational education institutions. An important psychological process, which determines the success of vocational education, is "preparing for a specific profession". This condition also provides emotional and motivational training. The selection of the profession is an important stage in human life, making an important decision for human life, and he realizes his potential in society. This process will occur as a result of the analysis of its domestic potential by man, according to his or her options. The selection of the profession is an activity that reflects the professional (selection subject) with a person (selection subject) with a person (selection subject) who chooses a specific occupation. One of the top secities of our time the study of the relations between the selection subject and the selection object.

The selection of the profession is a short time, but consisting of a number of stages. The risk of these stages depends on the individual factors of external factors and the subject of a professional selection.

Professionally self-determination covers the current meaning for man and includes a number of stages for a person by school age. We will briefly dwell these steps below. The purpose of this is that we will need to consider the phenomenon of the person to

consider the person's own self-determination process by deepening the subject, a person's choice of the consideration, the professional formation and professional activities of the person. Thus, the professional self-identification includes five stages:

1. Photo selection stage of the profession. At this stage, the child has a sufficient idea of the world of professions, less aware of his internal capabilities, his professional aspiration is still enough. This stage applies to a small school age, in which the child is not born questions about the content and working conditions of the profession.

2. Professionally self-esteem phase comes in a large school age (15-17 years old). At this stage, the first professional aspirations appear and develop and the process of choosing its acceptance from different areas of labor is a process.

3. The process of mastering the selected profession in the stage of vocational education takes place.

4. The appearance of the professional adaptation phase is characterized by the appearance of the individual method of vocational activity and to connect to the system of manufacturing and social relations.

5. The stage of employment (partially or entirely) is associated with the failure or not to implement the requirements (expounts) related to professional occupation.

Thus, professional self-identification is a process that embodies all periods of professional activity, from the emergence of professional aspirations, until it is completely free from their employment. It can be said that it covers a person's way of life. Of course, one of the most important steps of this process is the occupational selection. On the one hand, on the one hand, on the one hand, the development of its humanity and perfections will be accelerated by the development of society by the effective labor of a good profession.

As we examine the issue of mutual contacts in the professional formation of the person, we need to admit that the research is today that the research is in its sharp. Because there are many studies, where they will study the selection, professional development, professional maturity, professional management and other issues of professional perfection, and H.Z.

The analysis of scientific sources shows that a series of research on career selection, careability, secondary and theoretical problems related to the understanding and identification of professional identity, are: L.A.Aase, G.M. Belokrilova, A.E. Golomsht, V.I. Jumpovskaya, E.A. Klimov, m.x. TitMA, P.A. Shavir, M.G. Reacletshin, N.Sh. Shodiev, B.R. Kadyrov, E. Got. Goziev and others.

A number of studies are devoted to the selection of a profession, the psychological requirements of professional activities, the psychobiological requirements of professional activities and the psychofyological bases of individual activities, the formation of the formation of professional interests. In these areas, M.X.Titma, E.A.Klimov, V.G.Calomsimov, A.P. Chernyavchkaya, E.A.GOLOMSHTOK, K.M. Examples of research conducted by Gurievich, ND.Levitov and others.

The analysis of research on professional identification can be considered as a system to each stage of professional activity. TM.Buyakas, N.D.Levitov, O.n.rodina focuses on professional advice in their research and appreciates it as a direction of the person in the process of adaptation to certain professional activities and explains activity efficiency to the abilities of the person.

In our research, we have focused on determining what students today are about the professional formation of the person's professional perception, the factors and choice of the profession, what are the levels of professional activity, and their professional and professional decisions, interests, and professional decisions. However, so far there have been different causes of choosing a profession in scientific research.

When the circumstances of the teenagers are analyzed, they were reported by the existence of their concepts of professions. In addition, the process of training between the process of choosing a particular profession and the process of selecting the professional identity, we must not ignore the effects of those around others. The dialectic connection in these interaction processes indicates the divisions of this issue. For example, there are a number of steps of the organization of professional counseling:

A) In the case of the professional database, the person receives information about the organization, employment of work, various professions, and preparation of various professions, stages, and learning period of life and profession.

b) in the diagnostic stage The compatibility of the person's interests, capability, abilities and goals of the person is explained;

c) the student or person who is professional at the formative stage shall be guided, and the professional selection deviations shall be prevented and made;

g) the determination of medical compliance of health and the professional stage of health depending on the psychological stage depending on the compatibility of personality.

P.A. According to Shavir, the detention of the person's professionalism is required to increase the level of professionalism, to be full of work, to be well-sufficient and the basis of life, and life experience. The survey of the high-scale student studies is observed in the surveillance today. The width of these research has been carried out for several years and the width of the results obtained from them is noteworthy. With the results of their current research, the comparison is to enrich our achievements in this regard. However, the effect of student professional perceptions to the coordination and coordination of professionalism is one of the current issues today. There are also a number of research, which focuses on psychological aspects of human professional development. These issues are we lowered

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This means that vocational self identification is divided into care, vocational career, professional, professional consciousness, important components. Below we will be briefly focused on them.

The professional nature is an image of the political orientation, which penetrates itself into deep person structures. The professional is due to individual-psychological and individual-typological features of a person, goes back to its system, stereotypes, and interests.

You can highlight the following functions of the system of professional:

1) social function is the acquisition of values, norms, and a particular system of knowledge that is the ability to carry out social professional activities as a full and equal part of the society.

2) The economic function is an improvement of quality composition of employees, it is understood to improve professional activity, increase production and advanced training.

3) The psychologist-pedagogical function can understand the detection, formulation and considering the individual characteristics of the person who chose a particular profession.

4) Medical Physiological function involves to take into account the requirements for the necessary health and the necessary requirements for individual physiological activities.

Thus, one of the important components of the professional self-determination is considered an important component - the inconsistency of professional can lead to the choice of a person to choose a person. The person himself or the society is not interested in this.

One of the important elements of professional self-determination is the human being of man. It is well known that man can be interested in being a pilot. Please also be true that his professional orientation may be. However, if it is professionally unfortunately, it naturally cannot choose this profession. Hence, the professional consciousness plays an important role in human self-determination.

The two different types of professionalism varies: Absolute professional validity (in this contains the advice for professions required of a person) and relative professional perfections (in this contention).

Analytical, synthetic and complex approaches can be used when using specific psychological tests for professional consciousness. A.A. Толыarov describes these approaches as follows: "Analytical approach implies the study of individual psychological indicators (e.g., memory, movement leads, etc.). These indicators are necessary for the success of education and activities at the selected profile. The synthetic approach implies to study the integrated activity or important elements. Therefore, various devices are used at the level of this method. With these devices, the entire

professional operations are modeled. The complex approaches arises from the addition of analytical and synthetic approaches. "

Now let's focus on the directions associated with the selection of a profession. The first of these is professional enlightenment. It is said to transmit knowledge about the profession selected as professional enlightenment, their socio-psychological and other aspects. Therefore, how much information on this profession, its requirements and opportunities in the selection process of choosing a specific professor will help you make the right decision when choosing this profession. Indeed, knowledge of the world of career in the choice of a profession is, how to choose how to choose is very useful for the teenagers at the beginning of life.

The next direction is an occupational advice. Professional consultancy aims to perform the following tasks:

A) He serves as a language. These data will notify employment channels, employment requirements, opportunities for acquisition of various professions, work in the appointed direction of professional growth.

B) performs diagnostic task. At the same time, it is discussed on the point of view of the compatibility of the subject selection subject. We focused on this issue in our studies.

C) fulfills the correction task. The change is called correction, depending on the capabilities of the subject of the professional selection.

Thus, the professional self-determination combines the following psychological problems: Vocational selection, civil selection, awareness of issues of psychological preparation.

#### **Conclusion and recommendation.**

In general, all processes associated with the problem of a profession selection are considered to be resolved in the following cases:

1. Care selection, determination of its compatibility to the profession, professional formation, occupational development continuous problem is necessary to determine the role of factors that affect it depending on the change of the period.

2. The selection of the company is a problem that determines its compatibility, professional formation, continuous development, continuous continuous continuous continuous period of time, depending on the change of the period.

3. The imagination of vocational selection and professional formation is due to the influence of those around them and does not have an independent decision. As a result, the match is lost between the professional purpose of the professional formation.

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