

HOW CAN I LEARN A FOREIGN LANGUAGE QUICKLY?

Sobirov Zohid Sodiqboyevich*Head teacher of English language at
Academic Lyceum of Gulistan State University*

Life today cannot be imagined without foreign languages. As the process of globalization accelerates, learning a foreign language is becoming a modern requirement. Today, knowing English has become a simple requirement to be a good professional in any field. When I was learning a foreign language, the question I asked myself was, "How can I learn a foreign language quickly? How can I speak a foreign language easily?" "What is the secret to learning a language quickly, then being able to speak it quickly? Are students studying in non-native areas learning the language brilliantly by spending 3-4 hours a week learning the language?" "As a result of my many years of research, I have come to realize that the cause of the problem is the approach to language learning. I am learning a sixth language today because I understand a lot of mistakes and it seems easier to me than ever. I am realizing day by day that learning a foreign language is not as difficult as we can imagine. The important thing for this is to be able to choose the best way to learn a foreign language. The Soviet methodology used in most of our educational institutions is outdated, and language learning today is more dependent on the learner than on the teacher.

Strong passion

The most important thing for learning a language is motivation (passion) as in every area of life. Always ask yourself why I should learn this language and remember your purpose in learning the language in any difficult situation or hesitation. The most important thing is to realize that when you can learn this language, everything is simple, not so difficult, you have no less place in language learning than others. Once you have gained confidence in learning the language, you can start learning the language.

Daily training

Nowadays, many language courses offer one or two days a week for two hours, and a language learner who is busy with daily life activities cannot devote time to language on other days and usually forgets the topics of the previous lesson until the next lesson and learns the language. significantly slows down the process. Therefore, when learning any foreign language, it is necessary to learn it every day, and then the process of learning the language will be much faster as a result of daily repetition. That's why if you want to master a language well, make a daily commitment to yourself; "I spend half an hour or an hour every day, in any situation, learning English!" Only then will your chances of remembering the language increase dramatically.

Ability type

Linguists have divided language learning into four major areas:

- Reading is the ability to understand a text read in a foreign language
- Listening is the comprehension of a text heard in a foreign language
- Writing - the ability to write in a foreign language

- Speaking - the ability to express yourself in a foreign language.

To achieve these four things, it is important to master the three most essential things: grammar, vocabulary, and pronunciation. So, it is much more difficult to learn a foreign language without mastering these three things.

Which tools are handy?

Now, let's analyze the ways to quickly learn these three things based on which tools:

1. Grammar

Many students who are learning a foreign language are usually stubborn when they talk about grammar. Like it or not, the most difficult part of learning a language is grammar. That is why it is so important to learn grammar. Don't be afraid, it's also very easy to learn. When we have a grammar lesson, we study and memorize thousands of rules that are not used even by the nations that speak that language. The biggest problem in our education system is memorization. Many students of Academic Lyceums memorize thousands of rules of English grammar and phonetics when they graduate, but cannot compose a more complex sentence in the language. Forget about rule memorization altogether, and learn only what you need in grammar; a rule that is memorized but not used when speaking the language in practice is the same as buying a car, but driving it to the garage and walking a long distance to work, which is exactly the same situation. For example, I remember memorizing more than 80 misunderstood verbs during English lessons. However, only 30 of them are used. For example, the verb "sweep" means "sweep". I don't remember ever using this misleading verb when I spoke or wrote in English. The simplest way to learn any language is to follow it. So pay attention: What is a simple sentence in English or other language? Subject + Verb + Adverbial modifiers. So, learning the grammar used in these three parts of speech is enough to learn the language. The goal of learning any language is to be able to speak that language. Therefore, study only the grammatical topics that you need to talk about on a daily basis. When learning French, we initially studied 12 tenses, but in 90 percent of cases, only the present, past, and future tenses are used. That is why it is enough to study the three necessary times. Exactly from this point of view, learning grammar is about 80 percent easier for you. When studying grammar, divide the study into weeks after selecting the topics you need most in the language. Take one week for each topic and explore one topic in more depth throughout the week. As a result, you'll have enough grammatical basis to be able to speak a foreign language in three months, and as you can see, it's not as complicated as you might think.

2. Vocabulary study.

Here, too, forcing yourself to memorize words for years is the most misguided method. During my school years, I set myself the task of memorizing 10 words every day. The problem was that I could not use these words when speaking French, many of which were not used at all in everyday life and were quickly forgotten. Later when I was a student of Academic lyseum I continued learning English, there did it a little differently, that is, I wrote sentences using words that I had memorized a lot of time, repeating them 30-40 times a day.

Then I realized that this style is very wrong in gaining vocabulary in a language. Over time, I have learned from experience that the easiest way to memorize a word is to read more in the foreign language being studied. If you are learning English, read texts or books and

magazines in the field you are interested in on the internet rather than reading boring, irrelevant texts for yourself. Without stopping at all the words you don't understand, just find the translation from a dictionary or services like Google Translate and put it back in the notebook when you come across unfamiliar words that you just need to understand the meaning of the sentence. If possible, try to read a text in a foreign language being studied 3-4 pages a day and find and write a translation of an unfamiliar word each time. Never try to memorize what you've written, I don't even see what I've written back then. Our ability to memorize is formed in such a way that if we see a word and simply translate it, it will not be remembered, but if we record it somewhere, the brain will emphasize the importance of that thing and the word will begin to be remembered. As a result, a word that occurs 5-6 times in different texts will be memorized, and at the same time we will know in which context the word is used and in what sense. Another benefit of reading a text in a foreign language every day is that we further strengthen our grammatical foundation by seeing that the grammatical topics we have learned are used in the text. The second successful method of memorizing vocabulary was explained by Tim Ferriss, a well-known American scholar and author of the book *The Four-Hour Work Week*. According to Perato's theory, we use only 20 percent of our time for the work we need in our lives, but it is this 20 percent that gives us 80 percent of the results we achieve. Tim Ferriss is fluent in seven foreign languages. He explains the secret of language learning as follows: "3 months is enough to understand 90 percent of any foreign language, but it takes 3 years to understand 95 percent." This means that learning a language perfectly takes a very long time. So, based on Perato's theory, one should first be thankful for the 20 percent that gives an 80 percent result. I will now explain this in simple language. When studying a dictionary, it is important to learn only the words that are most commonly used in the language. According to statistics, the 200 most commonly used words in English make up half of the English correspondence. That is why when memorizing a dictionary, it is enough to memorize the most used words in the language. Then, all you have to do is learn by adding words in the field you need. Here you can download a list of the most commonly used words in the foreign language you are learning. So, it is enough for a dictionary learner to prioritize and study exactly what he needs. Even then, when saying the word in the vernacular, "without memorizing it like a snowball," try to write five sentences involving each of the words on the list. Each time you speak in their presence, the words begin to be technically memorized and your vocabulary becomes richer. This means that in 90% of cases when speaking a foreign language, only about 1,000 common words are used, and the rest is enough for everyone to learn according to their field. For example, if a medical worker learns these 1000 words and about 1000 words related to the field of medicine, he will be able to communicate freely in English in his field without any difficulties.

3. Pronunciation.

Each language has its own pronunciation. Linguists estimate that there are more than 150 sounds in total, and each language typically uses an average of 30 sounds. As a result, there is a huge difference in the pronunciation of languages. For example, nasal sounds in French do not exist in our language at all. Unlike Uzbek and French, Russian does not have the "o" sound. Usually after learning to read a language, the easiest way to improve pronunciation is to listen as much as possible in that foreign language. You have to watch

movies, sing songs and listen to various radio texts in this language. If you search on Yandex, you will find hundreds, if not thousands, of audio courses in English alone. Hearing them on your player or phone will make it easier for you to understand the language and your pronunciation will continue to improve. When listening to a song in a foreign language, it can be used for another purpose. Find the text of your favorite song in a foreign language and translate it into your own language using a dictionary. As a result, you will not only fully understand the meaning of the song, but also enrich your vocabulary, these words will be imprinted on your memory for a lifetime with your favorite song. In addition to these three things, one of the most important things in language learning is getting into the language environment. If you try to use as much of the foreign language material you are learning as possible, your language level will gradually improve. For example, download everything from your regular phone software to your computer's operating system in a foreign language. Get information from the Internet only in a foreign language and try to listen as much as possible when watching TV or listening to the radio. Use social networks such as Facebook, Vkontakte, many news sites in the English version. Subscribe to foreign language forums and chats and try to actively participate in them in a foreign language. I remember well that a few years ago it was a much more complicated thing to find movies in a foreign language. Thanks to advances in technology in recent years, this has become less of a problem. Recently, I wanted to see a French comedy in French so that the translation of French films into Russian would not come out well and their mentality could not be explained in Russian. Today, any CD retailer in Tashkent sells quality discs of only one film, and the audio of the film on these discs is in at least two different languages, which allows you to watch movies in their original language with Russian subtitles at the same time. However, today almost all national internet operators provide free and unlimited internet to domestic Tas-Ix sources. There are many Torrent Trackers in the Tas-Ix system, where you can easily download high-quality movies in foreign languages and free versions written in two or three different languages. The importance of repetition in learning a foreign language should also not be forgotten. As the mother of repetitive knowledge says, repeating the grammatical topic you learned every week, one day after two weeks, can serve to reinforce it and keep it in your memory even better.

Who do I speak a foreign language with?

Naturally, the question might be, "Well, I did everything you said. But, what do I need to do to speak the language? Who can I talk to in a foreign language? How can I improve my speaking?" The answer lies in today's social networks. It has become very easy to make friends on Facebook today from a country where the language is being studied. You can text them and then even exchange skype accounts. At the same time, forums and various chats have become an ideal place to communicate in a foreign language. We should not forget about the cultural centers and institutes opened by embassies in Tashkent. But if you are not from Tashkent or far from our capital, there are many tourists coming to our touristic places as Samarkand, Bukhara and Khiva. There you can have an opportunity to communicate with any foreigner. There are usually frequent cultural evenings and debates, which allow you to speak in a foreign language. Just go to these events and take an active part. Around a cup of tea, English and Uzbek youths talked and exchanged views on various topics in English. At that time, many of my peers, who knew a foreign language, were afraid to make mistakes and

preferred to sit quietly and listen to others. We Uzbeks have such a mentality, we are a shy people, everyone is afraid to make mistakes. However, psychologists have repeatedly proven that the easiest way to learn is to make this mistake. That is why you should try to speak a foreign language without fear of making a mistake, and as a result of making a mistake, you will understand your shortcomings, and then you will focus on correcting these shortcomings. It is important to speak in English without being ashamed of your mistakes. I've also "dropped a melon" a few times over the years to speak a foreign language, and there have even been times when I've been laughed at in front of an entire group. But, you know, if I hadn't made those mistakes, if I hadn't known my mistakes, I wouldn't have been able to learn the language that much today. Imagine for a second you were a participant in a certain event organized with foreigners, the foreigner you were talking to was struggling and speaking your language, albeit with mistakes. In this case, you will not look down on him for his mistakes, but rather because you are learning your language, your respect for him will increase, you will be happy, and you will understand his mistakes. This means that while communicating with foreigners in their language, they will naturally accept your mistake and will even be happy that you are learning their language. So don't be afraid to make mistakes.

Speakers help

Another way to make learning a language easier is with ready-made speakers or guides in a foreign language. Today, even your ordinary smartphone has hundreds of ready-made guides in different foreign languages. It is in these guides that you can memorize ready-made sentences used in the language. This makes it much easier for you to speak a foreign language. By changing a single word in each sentence learned in these conversations, you can use it in different situations, in different meanings. As a result, you will have the opportunity to speak a foreign language fluently during various trips. I think I explained to you as much as possible how easy it is to learn a foreign language. These are the conclusions I have drawn from my several years of experience in this field. What this means is that training centers today that promise to teach a foreign language in 3 or 6 months are not fooling you, but it is true in return for a properly chosen methodology. Learning a foreign language today depends solely on you and more than on training centers and teachers. In return for technical advances, today confidence, passion, and a properly chosen methodology alone are sufficient for learning foreign languages. If anyone wants to add own thoughts or suggestions can complete the article.